



Joining Instructions ***5-day sailing course***

What to bring?

- A soft (preferably waterproof) bag for packing your belongings
- A change of clothes for each day, as there is no washing machine on board
- A good hat that won't blow off in the wind (and maybe a spare)
- Sunglasses, sunscreen and insect repellent
- Long sleeved sun shirt(s)
- Collared tops and/or neck tubes to protect your neck from sun
- Wet-weather or spray jacket
- At least one warm item of clothing as even in summer it can get chilly at night.
- Warm socks and beanie for winter night sailing
- Swimming togs and towel in the summer
- White-soled trainers or deck shoes no hard black soles please, as they mark the deck. A spare pair of shoes is a good idea in case others get wet. No sandals or thongs.
- Base sheet and upper sheet +/- sleeping bag or blanket (depending on the weather) and pillow.

Other items:

- Water bottles can be refilled on the boat: water on board is suitable for drinking
- Those wishing to bring alcohol may do so
- Ear plugs may be useful if there are snorers on board!
- Please do not bring wet-wipes onboard as they are incompatible with marine toilets
- If you have a hand-bearing compass, sailing watch or sailing gloves, bring them along
- If you already have a RYA log book please bring it along otherwise you will receive one at the end of the course.
- For RYA Day and Coastal Skipper students, bring a passport photo for your certificate.
- We will pull into a marina during the week for shower(s).

All meals are provided on board but an opportunity for an evening meal ashore may arise so please bring money just in case.

You are welcome to initiate snacks/meals on board when hungry, and everyone is expected to participate in meal preparation and clean-up.

When do we start?

We leave the Southern Cross Yachting office for the yachts promptly at 9am Monday morning so aim to arrive at least 15 minutes early.

Yachts return approximately 4pm on Friday.

Where do we meet?



We are located at **East Coast Marina: 570 Royal Esplanade, Manly.**

From the marina parking lot, proceed to the East Coast Marina commercial hub with the café on your left. Walk a bit further, and we are the last office on your left, opposite the gated access to the marina.

Arriving by car: Weekdays and non-public holidays, parking is available in the East Coast Marina car park: the boom gate requires a card for entry and exit after 5:30pm. On weekends and public holidays, the car park is secured for marina tenants only. Park in the public carpark/boatramp between East Coast Marina and Royal Queensland Yacht Squadron at the southern end of Manly Boat Harbour. Walk along the pathway on Royal Esplanade past the large boat racks to the East Coast Marina parking lot.

Arriving by train: Why not relax and catch the train? Manly Station is on the Cleveland line and trains depart eastbound from the City every half hour or so. The trip takes about 35 minutes and is a stress-free way to begin a sailing trip. East Coast Marina is a 1km downhill walk from the train station; or, we are happy to pick you up at the eastern side of Manly station (top of Yamboyna Street).

From the airport: For those arriving at either Brisbane International or Domestic airports, there is a train into the City, and then outbound again on the Cleveland line as above. If you are driving from the airport to Manly, the journey is 20-30 minutes.

Thank you for booking with Southern Cross Yachting. We look forward to welcoming you on board.

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