



Joining Instructions

Weekend/Long Weekend

Sailing Courses

What to bring?

- A soft (preferably waterproof) bag for packing your belongings
- A change of clothes for each day
- A good hat that won't blow off in the wind (and maybe a spare)
- Sunglasses, sunscreen and insect repellent
- Water bottle for refilling onboard
- Long sleeved sun shirt(s)
- Collared tops and/or neck tubes to protect your neck from sun
- Wet-weather or spray jacket
- At least one warm item of clothing as even in summer it can get chilly at night
- Warm socks and beanie for winter night sailing
- Swimming togs and towel in the summer
- White-sole trainers or deck shoes no hard black soles please, as they mark the deck. A spare pair of shoes is a good idea in case others get wet. No thongs or sandals.
- Pillow
- Sleeping bag or, if booked as a couple, top/bottom sheet and blanket are options.

Other items:

- Those wishing to bring alcohol may do so
- Ear plugs may be useful if there are snorers on board!
- Hand-bearing compass, sailing watch, head lamp and sailing gloves are handy if you have them
- RYA log book if you have one, otherwise you will receive one on your course.
- For RYA Day Skipper students, bring a passport photo for your certificate. Notebook and dividers are handy.
- No wet-wipes onboard as they are incompatible with marine toilets.

All meals are provided on board. On a long weekend course, an opportunity for an evening meal ashore may arise at student's cost. You are welcome to initiate snacks/meals on board when hungry, and everyone is expected to participate in meal preparation and clean-up.

Inside cabin configurations in our training yachts varies: sharing of cabins may be required.

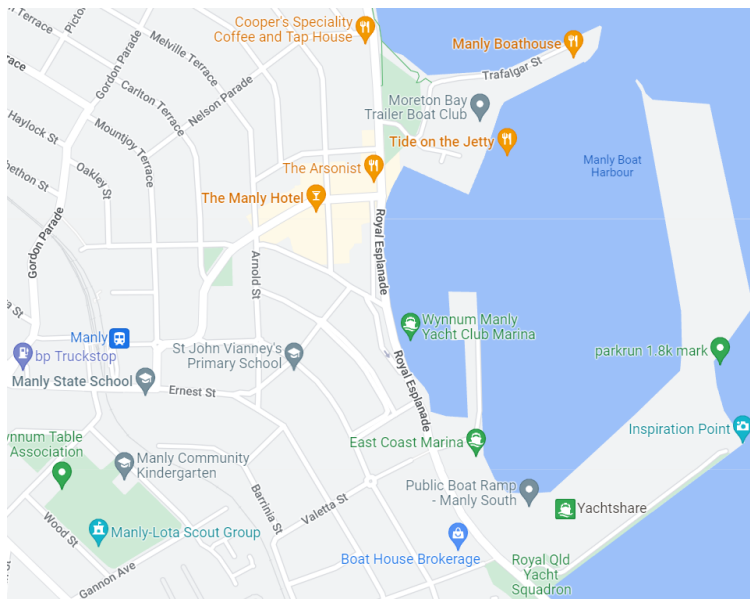
Where to meet?

Your training yacht, instructor and meeting location within Manly Boat Harbour will be confirmed with you in a reminder email 2-3 days prior to course departure.

Our office is located at **East Coast Marina: 570 Royal Esplanade, Manly**. The marina carpark is not open to the public on weekends: park on adjacent streets. Do not enter the short driveway shared by East Coast Marina and Wynnum Manly Yacht Club as there is limited space for turning around. Once at East Coast Marina, walk past the café and we are the last office on your left.

While we most frequently depart from East Coast Marina, we commence courses from other marinas within Manly Boat Harbour. Please keep a look out for this important reminder, as it will also include further parking instructions.

If you prefer to catch the train to Manly Station, it is a 1km downhill walk to Manly Boat Harbour. We can meet you at the train station if you wish: disembark to the left side of the station (when arriving from the City) onto Yamboyna Street.



When to meet?

Students meet the instructor and proceed as a group to the training yacht promptly at 9am on day 1. Please aim to arrive at least 15 minutes early.

Yachts return around 4pm on Sunday (or 4pm on Monday for long weekend courses), with additional time to remove belongings from the yacht.

Thank you for booking with Southern Cross Yachting.

We look forward to welcoming you on board.

Southern Cross Yachting
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