



Joining Instructions

5-day sailing course

What to bring?

- A soft (preferably waterproof) bag for packing your belongings
- A change of clothes for each day
- A good hat that won't blow off in the wind (and maybe a spare)
- Sunglasses, sunscreen and insect repellent
- Water bottle for refilling onboard
- Long sleeved sun shirt(s)
- Collared tops and/or neck tubes to protect your neck from sun
- Wet-weather or spray jacket
- At least one warm item of clothing as even in summer it can get chilly at night.
- Warm socks and beanie for winter night sailing
- Swimming togs and towel in the summer
- White-soled trainers or deck shoes no hard black soles please, as they mark the deck. A spare pair of shoes is a good idea in case others get wet. No sandals or thongs.
- Pillow
- Sleeping bag or, if booked as a couple, top/bottom sheet and blanket are options.

Other items:

- Those wishing to bring alcohol may do so
- Ear plugs may be useful if there are snorers on board!
- Hand-bearing compass, sailing watch, head lamp and sailing gloves are handy if you have them
- RYA log book if you have one; otherwise you will receive one on the course
- For RYA Day and Coastal Skipper students, bring a passport photo for your certificate. Notebook and dividers are handy.
- We will pull into a marina during the course for shower(s). Please do not bring wet-wipes onboard as they are incompatible with marine toilets.

All meals are provided on board but an opportunity for an evening meal ashore may arise at student's cost. You are welcome to initiate snacks/meals on board when hungry, and everyone is expected to participate in meal preparation and clean-up.

Inside cabin configurations in our training yachts varies: sharing of cabins may be required.

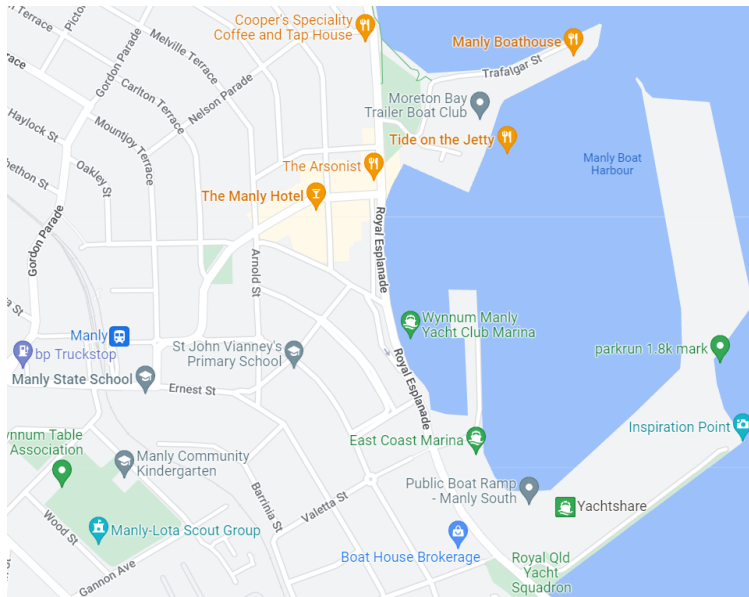
Where to meet?

Your training yacht, instructor and meeting location within Manly Boat Harbour will be confirmed with you in a reminder email 2-3 days prior to course departure.

Our office is located at **East Coast Marina: 570 Royal Esplanade, Manly**. For courses commencing on a weekday, the marina carpark is available for use and is closed after hours for entry/exit with key card only. The carpark is not available for use on weekends.

While we most frequently depart from East Coast Marina, we commence courses from other marinas within Manly Boat Harbour. Please keep a look out for this important reminder, as it will also include further parking instructions.

If you prefer to catch the train to Manly Station, it is a 1km downhill walk to Manly Boat Harbour. We can meet you at the train station if you wish: disembark to the left side of the station (when arriving from the City) onto Yamboyna Street.



When to meet?

Students meet the instructor and proceed as a group to the training yacht promptly at 9am on day 1. Please aim to arrive at least 15 minutes early.

You will return around 4pm on day 5 of your course, with additional time to remove belongings from the yacht.

Thank you for booking with Southern Cross Yachting.

We look forward to welcoming you on board.

Southern Cross Yachting
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