

PACKING LIST – RYA Start Yachting, Competent Crew and Day Skipper

Soft bag	preferably waterproof
Jacket	lightweight wind/waterproof jacket wet weather jacket for rain/spray and cooler weather (optional)
Bottoms	quick dry pants/shorts (denim/cotton not recommended) lightweight wind/waterproof pants/leggings wet weather trousers for rain/spray and/or cooler weather warm layer (thermals, fleece) for cooler weather
Jumper	fleece recommended
Long sleeved shirt	button-up collared shirt and/or long-sleeved t-shirt with neck tube for sun protection
Short sleeved shirt	for warm days
Sun protection	sunglasses, sunscreen, secure sun hat
Footwear	enclosed soft shoes, non-marking non-slip soles; quick dry. No sandals or thongs worn onboard.
Swimmers	non-essential; swimming if time/location permits
Bedding	pillow and pillowcase; and sleeping bag or, if booked as a couple, top & bottom sheet and blanket
Bath/beach towel	
Water bottle	refill onboard
Sea sickness medication	courses are held within partially-protected waters. If prone to sea sickness, having medication with you is recommended.
PFD and tether	Personal Floatation Devices and tethers are provided; or BYO (if flying, check with your airline regarding disclosures)
RYA books	RYA logbook and course book/e-book (RYA Competent Crew or Day Skipper). If commencing your course, these resources will be provided.
Navigational Tools	RYA Day Skipper students bring plotter, divider, theory course booklet
Passport Photo	RYA Day Skipper students bring hard copy for RYA certificate

Optional Extras

<i>Alcohol</i>	responsible consumption is permitted onboard only at the approval of the instructor
<i>Snacks</i>	provided onboard, but welcome to BYO
<i>Ear plugs</i>	helpful if there are snorers onboard
<i>Beanie, gloves, socks</i>	helpful during cooler weather, if susceptible to cold
<i>Head lamp with red light</i>	helpful while night sailing
<i>Sailing accessories</i>	hand-bearing compass, sailing watch, sailing gloves
<i>Entertainment</i>	books, playing cards, small games, earbuds for evening entertainment. Download music/books beforehand as mobile reception may be limited.